

Hirschl School of Dance Arts Safety Protocol Summary for COVID-19 pandemic: May 2020. (updated 8-4-21)



Basic Protocols: At all times when students under 12 years old are inside the facility: Masks to be worn by all Patrons (students, parents, siblings, observers), hand washing/sanitizing, taking temperature and reduced class size to facilitate distancing, request for no observers in lobby areas during lessons.

Physical Distancing: The appropriate 6-foot distancing for anyone in the lobby, corps lounge, staging area, storage rooms, dance floors and costume construction room. For dance students, it's what they need to do anyway to avoid kicking each other.

Facility Sanitation: Sanitizing all surfaces the beginning of each day (with CDC approved products and methods) when the facility is open: all door handles, barres, countertops and restrooms. Appropriate signs to be placed in conspicuous areas with instructions on HSDA safety protocols. Lobby magazines have been removed, and counter pens are in two containers: "Clean" and "Used". Also implementation of high grade commercial UVC lights before facility opens.

Class Size: Strict enrollment policy; All students must be pre-enrolled for the lessons in advance to assure mandated reduced class size, including makeup lessons, and requesting any students not feeling well to stay home.

Ventilation: The lobby and dance floors will be ventilated to the best of our abilities when being occupied. This includes the A/C unit (our facility has one for each dance floor), leaving doors open, and the use of portable fans.

Altering Lesson Activities:

1. Reduced aerobic/cardio-vascular activity: Less jumps, leaps or any associated activity that would increase cardio-vascular (primarily) or neuro-muscular fatigue (secondary).
2. Incorporating academic curriculum: Spelling, history, meaning and pronunciation of steps.
3. Modification of Lesson Curriculum: Terminology, posture, balance, body alignment, using and holding active rotation, general flexibility, movement of arms and heads, use of muscle groups, and effective use of muscles in static and non-static steps.
4. Having "rest" periods during lessons to breathe without mask, stretch, and get a drink of water.
5. Having an assistant with the teacher to help keep distancing for the younger students.

All persons entering the facility must wear masks until further notice. This excludes 1-on-1 private lessons, where there is only the teacher and one student, and only at the mutual discretion of both the teacher and student.

Note about "reduced class size. We are using protocols we requested from the California Building Code Department in Sacramento. They gave details on how to determine what room capacity is, then make the correct determination from there.

Question or concern about the protocols? Contact Mr. Hirschl directly.
DO NOT speak with staff concerning this, as it's not their job or responsibility.

www.hirschlballet.com

www.sunriseballet.dance

info@hirschlballet.com

info@sunriseballet.dance